

Italian

Portabella Caprese

Portabella Caprese is a Portabella mushroom cap, grilled with olive oil, salt and pepper and garlic.

- 1. After the Portabella is either grilled or cooked in a pan on both sides let it cool.
- 2. In a bowl mix together diced fresh Roma tomatoes, chopped basil and small fresh mozzarella balls. Drizzle balsamic vinaigrette into the mixture.
- 3. Plate the cooled portabella and simply spoon the tomato, mozzarella and basil mixture over the portabella.

Madeline's Cauliflower Pie

- 1. Steam cauliflower pieces until they are soft, but not mushy.
- 2. Mix together in a bowl, 4 eggs, Italian seasoning mix (Good Seasons packets work really well) just enough to season the egg mixture, splash of milk and a 1/2 cup of grated parmesan cheese.
- 3. Mix together like an omelet mixture.
- 4. Pour into pan on medium heat; add steamed cauliflower, lightly mix and cover. Let cook until it looks like a frittata or quiche. Put a large plate upside down over pan; flip the pan over so the brown side of the pie is now face up. Cut into pie shape pieces and sprinkle parmesan as topping.