

Season 9 - Episode 907

A Fall Wisconsin Garden Meal

Pesto

4 cups basil 4 med garlic cloves 1 cup pine nuts 1-1/2 cup Parmesan-Romano Cheese Salt and Pepper to taste (the last thing in)

- 1. Process everything until finely blended
- 2. Add 3/4 cup high quality olive oil, drizzle in as you are blending in the processor.
- 3. Toss with Spaghettini and add more olive oil, if necessary.

Menomonie Mary's Apple Pie

Makes 2-8 inch apple pies

Preheat oven to 425 degrees. Peel and slice 8 large apples, 4 in each pie. Use Granny Smith or Paula Reds. To sliced apples add 1 1/2 c. sugar 2T. cinnamon 3 T. flour Mix all together and put in with apples

Prepare crust overnight

3 cups of flour 2 sticks of butter (minus 2 T) 1 t. salt Cut in butter till it resembles meal. Combine in a separate bowl 1 egg 1 T. cider Vinegar 6 T. water

- 1. Combine liquid vinegar and water and egg to the meal
- 2. Mix with a knife and work as little as possible
- 3. Put the dough in a plastic bag for several hours or overnight
- 1. Roll out in 4 equal square pieces
- 2. Make bottom crusts first
- 3. Fill pies with the apple mixture
- 4. Add the 3rd and 4th squares as tops
- 5. Put an egg wash or milk wash on top of upper crust and sprinkle sugar on top
- 6. Cook each pie in a microwave on high for 12 minutes
- 7. Transfer to a pre-heated 425 degree oven for 15 minutes
- 8. Watch pies starting at 10 minutes as they could brown quickly

Baked Root Vegetables

Pour some olive oil into the bottom of a roasting pan Heat oven to 425 degrees

- 1. Cut into wedges: 2 small red onions and 2 turnips
- 2. Cut into slices 2 red potatoes and 1 rutabaga
- 3. slice 2 carrots and 2 parsnips
- 4. You can also add sliced sausage
- 5. Put all ingredients in a big bowl. Top with 2 t. each of sage, thyme, and rosemary. Pour in 1/3 cu. olive oil and mix everything together with your hands.
- 6. Spread on to the bottom of the roasting pan
- 7. Bake for 45 minutes and serve with the sausage as a one dish meal or serve with a roast, chicken or pork loin.