Dinner and A Book Episode 601

An Intimate Renaissance dinner for Two Serves 2-4 people

Tuscan Bean Soup

Chop 1 onion

1 small can tomato soup

1 clove garlic

1 cup water

1 can of white beans, strained and rinsed

1 can diced tomatoes

Cook onions in olive oil.

Add chopped garlic, beans, diced tomatoes and water.

Add 1 hand full of pasta, any kind. Tuck used bow ties. Cook 15 minutes and serve with crusty bread.

Antipasto

5-7 leaves Basil

1/2 pound chopped prosuitto, not finely chopped

8 good Greek olives

1/2 jar marinated artichokes

1/2 cup sun dried tomatoes.

On a flat plate, arrange dark leaves of lettuce. Scatter slices of ham, sun dried tomatoes, artichokes, olives and top with basil leaves.

Sole Veniziano

2 filets of sole

Olive oil

2 tablespoons flour

1 kiwi, chopped

salt and pepper

bread crumbs

1 lemon

Dip the filets in breadcrumbs. Heat oil. Saute filets 3 minutes on 1 side and 2 minutes on the other side.

To make the sauce: Melt butter in the skillet. Sprinkle in some flour. Add some white wine. Stir. Add chopped kiwi. Pour over filets arrange on a dish. Decorate with sliced lemons and chopped parsley.

Tonnellini

Make a cream sauce. Add chopped garlic, 3 ounces of shaved Parmesan cheese. Chop button mushroom. In a separate pan, cook Tonnellini pasta stuffed with spinach. cook 8 minutes and then drain. Add Tonnellini to cream sauce. Serve with crusty Italian bread and Cecchi red wine.