

## **Tzatziki Sauce**

### **Ingredients**

½ cup finely grated cucumber

1 cup thick whole milk Greek yogurt

1 tablespoon fresh lemon juice

½ tablespoon extra-virgin olive oil

1 garlic clove, grated

¼ teaspoon sea salt

1 tablespoon chopped fresh dill

1 tablespoon chopped fresh mint, optional

### **Instructions**

Place the cucumber on a towel and gently squeeze out a bit of the excess water.

In a medium bowl, combine the cucumber, yogurt, lemon juice, olive oil, garlic, salt, dill, and mint, if using. Chill until ready to use.

Source: <https://www.loveandlemons.com/tzatziki-sauce/>